



Benadryl Dosage Chart

Every 6 hours as needed for runny
nose or rash/itching
or as recommended by your
pediatrician

Weight (lbs)	Elixir 12.5 mg / 5 ml	Fast Melt Chewable Tablet (12.5 mg)	Tablets/Capsules Quick Dissolve Strips (25 mg)
	Teaspoon (Use Dosing Cup)	Tablets	Tablets or Strips
15 - 19	2.5 ml (1/2 teaspoon)		
20 - 26	3.75 ml (3/4 teaspoon)		
27 - 39	5 ml (1 teaspoon)	1 FastMelt	
40 - 54	7.5 ml (1 1/2 teaspoon)	1 1/2 FastMelt	
55+	10 ml (2 teaspoon)	2 FastMelt	1 tab/cap/strip
<p>This is the maximum recommended safe dosage based on your child's weight If the listed dosage makes your child too sleepy, you may need to decrease the amount of medicine given in each dose. If under 9 months, please call our office</p>			